

Inland Empire Health Sector Update

October 2022

Why Doing "Just Your Work" is Harmful to Your Career

By Keshawn Cupid, Modern Clerisy, Industry Partner, Trainer in Health

You've probably heard someone say, at some point in their career, "I'm just here to do my work and nothing else." And while there's nothing inherently wrong with that statement, the mindset behind it can be harmful to your career. You see, when you have an "inward mindset," you're focused only on yourself and your own career progression. You're not thinking about how your work impacts others or how you can contribute to the success of your team or organization. An inward mindset is essentially a self-centered way of thinking that can limit your ability to see beyond your own needs and desires. This type of thinking can also lead you to become more resistant to change and less adaptable in the face of new challenges. If you want to be successful in your career, it's important to adopt an "outward mindset." This means being focused on the needs of others and the success of your team or organization. When you have an outward mindset, you're able to see the big picture and understand how your work contributes to the overall goals of your team or company.

The Benefits of an Outward Mindset

There are many benefits to having an outward mindset at work. For one, it helps you build better relationships with your colleagues. When you're focused on the needs of others, you're more likely to be seen as a team player who is willing to collaborate. This, in turn, makes you more likely to be included in important projects and initiatives. An outward mindset also allows you to be more adaptable in the face of change. When you're not so focused on yourself, you're more open to new ideas and ways of doing things. Finally, an outward mindset can help improve your communication skills. When you're focused on understanding the needs of others, you're more likely to listen attentively and ask clarifying questions. If you want to be successful in your career, it's important to adopt an "outward mindset." "I'm just here to do my work and nothing else," remember that there's a better way to approach your job.

Regional Allied Health and Nursing Faculty Recruitment October 7th in San Bernardino



College health programs were available at the Doubletree in San Bernardino for an afternoon recruitment for new health faculty event. Colleges had tables with information on their programs and representatives to answer potential faculty questions as they rotated through the room. A fantastic representation from College of the Desert, Palo Verde, Riverside City College, San Bernardino Valley College, Victor Valley College. This event is part of the New Director Bootcamp supported through SWP P43 Round 6. Participants of this bootcamp were serving their college and community by going

into the public space to advertise their programs and recruit healthcare practitioners to become the next generation of health educators in the Inland Empire/Desert.

New Educator Bootcamp Fall 2023 Kick Retreat!



The fall 2023 New Educator Bootcamp retreat was September 29th and 30th. Thirty-two new allied health and nursing faculty convened for a two-day intensive for educators entering the community college system. Dr. Sandy Baker, Dean Emeritus, Riverside City College and Wendy Deras, MS, RN, CNE, Industry Sector Manager of Health in the Inland Empire taught to a rigorous agenda, the intent to train, support and orient new faculty to their roles. Day 3 was held October 21st with a robust agenda taught by Dr. Baker and Dr. Crystal Nasio adding to the information they learned during the retreat. The trainers

started the day with a debriefing of the retreat. Participants shared strategies they learned from the bootcamp that were successes in their current classes.



Professional Development

To register for these events, contact wederas@collegeofthedesert.edu

| Date | Title | Speaker | Hours | Discipline |
|---|--|----------------|---------------------------------------|----------------------------------|
| 7/7, 8/4, 9/9, 10/8, 11/4, 12/2, 1/20 | Digital Fluency Still time to catch up! | Modern Clerisy | Two hours a month live, then | All Allied Health and Nursing |

| | | | | |
|-----------------|--|-----------|--------------------|----------------------------------|
| | | | self-paced modules | |
| 11/3/22 FULL | Preceptor Class: Gray Gorilla Doubletree Ontario | Roxi Redd | 8-430 | All Allied Health and Nursing |



The Inland Empire is sponsoring Nurse Tim for another year October 1, 2022-Aug 31, 2023!

The deadline of Sept 1 to reset was delayed until Oct 1. The Nurse Tim account from HWI will be reset and the new account holder will be College of the Desert. All faculty must enroll again with a new code after September 1st and must use their '.edu' school email. If you have an account under a personal email, you will not lose your certificates, your account will not close, however, the free subscription will end. You can change your email before Sept 1 on your current account to your '.edu' email and when you re-enroll your certs will be there. If not, you will have 2 accounts going forward. Your director can provide you with the new code by Sept 1. This account is only for part-time and full-time faculty of community colleges in CA who have an active email with their school.

Communities of Practice (CoP) meetings:

Industry and Faculty are invited to participate in discipline specific Zoom meetings to share Best Practices and solve common issues. *If you need added to a list, email Wendy.*

Inland Empire/Desert Healthcare Employer Consortium (invite your industry partners) **2022 Dates: 11am-1230pm virtual**

11/15, 12/13

Time: This is a recurring meeting: <https://cccconfer.zoom.us/j/93291880342>

Industry partners (acute care, long term care, assisted living, FQHC, nonprofit), college leadership, faculty and job developers invited. This is to build relationships between health programs and our industry partners and share professional development opportunities. Industry can provide updates and employment needs, changes in industry and colleges can present new program development and coordinate to meet employers needs.

Colleges: Job Developers, apprenticeship directors, faculty, deans, and directors, with a minimum of one person to represent ALL your colleges health science programs for our industry partners (ok if more than one come and report). Please invite your industry partners, you may copy and paste the paragraph above.

S. CA C.N.A CoP.:

Statewide meeting for CNA/HHA

2022 Dates: 3pm-430pm virtual

11/16, 12/14

<https://cccconfer.zoom.us/j/9092605488>

Regional College News



Contract Education and Health Programs

Inland Empire Desert Regional Consortium (IEDRC) invests in responsive short-term training to upskill residents and invest in local businesses. This year, IEDRC invested \$184,000 providing customized skills for participants to gain employment with local businesses. Programs included certified nursing assistant, central sterile technician, phlebotomy, and gas technician jobs. All programs were designed in collaboration with the businesses to ensure participants received job-specific skills to gain employment. Next year, the IEDRC will invest \$1M in the region to provide customized skills for employment for the community. **There is time to apply for a program for short-term training...this can be in health or another sector, contact Deanna Kriehbiel at dkrehbiel@sbccd.edu**

P43 Health Update

Model Curriculum Development

Central Sterile Processing is DONE, Surgical Technician will be done by May 2023 and and Psychiatric Technician will be done by December 2023. The grant funded subject matter experts to develop model curriculum available to any of our IE colleges who wish to build these programs. Contact Wendy Deras for more information.

Round 7 Proposals

Round 7 Proposals for SWP Regional Funds are due this month. Proposals will be reviewed by the Steering committee October/November. Late fall or early spring the plans that were approved and invested in will be available. Objectives in the Health P43 R7 proposal include Employee Engagement, Clinical Placement Support, Professional Development, Model Curriculum Development, and Student Equity Strategies in Healthcare Programs.